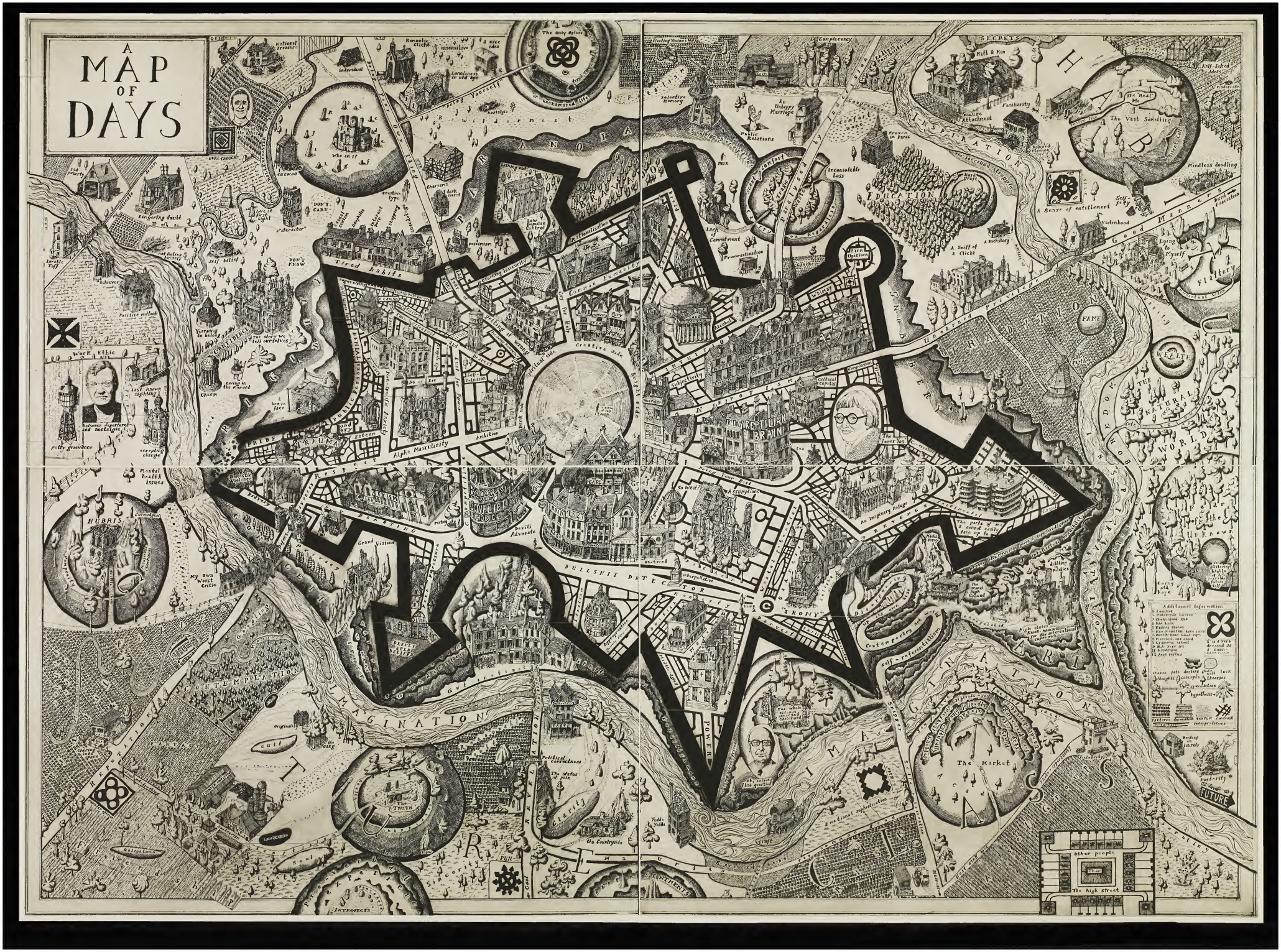
A MAP OF DAYS
PARANOIA
INSPIRATION
EDUCATION
SECRETS
HABITS
IMAGINATION
TEMPTATION
REPTILIAN BRAIN
The Market
The high street
other people
FUTURE
Tired habits
Creative side
Left side
Right side
Work Ethic
Mental health issues
HUBRIS
Grand Visions
My own worst Critic
Originality
Guilt
Obligations
Introjects
Projections
Fun
Reptilian Brain
Bullshit Detector
Irony
Tower of Babble
Pindless doodling
Flattery
Lying to Myself
Victimhood
Good Manners
Fame
Self-Pity
Self-Esteem
Self-Image
Self-Worth
Self-Confidence
Self-Loathing
Self-Control
Self-Awareness
Self-Deception
Self-Discipline
Self-Indulgence
Self-Sabotage
Self-Destruction
Self-Expression
Self-Improvement
Self-Acceptance
Self-Actualization
Self-Transcendence
Self-Forgetting
Self-Remembering
Self-Observation
Self-Reflection
Self-Analysis
Self-Criticism
Self-Praise
Self-Pity
Self-Hatred
Self-Love
Self-Compassion
Self-Forgiveness
Self-Punishment
Self-Reward
Self-Motivation
Self-Regulation
Self-Control
Self-Discipline
Self-Indulgence
Self-Sabotage
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